

TANGY TURKEY BURGERS

- 1 lb ground turkey
- 1 large zucchini—seeds removed, shredded (about 2 cups)
- ½ cup fresh bread crumbs
- ½ cup egg substitute or 1 egg
- ½ cup fresh basil, shredded
- 2 Tbsp Worcestershire sauce
- ½ Tbsp **TSG Outrageously Garlic**
- ½ Tbsp salt

1. Combine all ingredients; mix well by hand.
2. Shape as desired (burgers, meatballs, etc) Cook as desired.
Great Grilled.
Double the batch, freezes very well for a quick burger dinner.